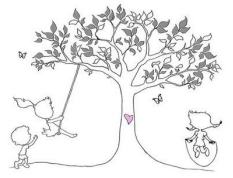


# October 2023



Mon	Tue	Wed	Thu	Fri
2) Chicken Nuggets Peas Peaches	3) Cheese Quesadilla Salsa Green Beans Pineapple	4) Turkey Sandwich Carrots Orange Slices/Apple Slices	5) Grilled Cheese Cucumbers Bananas	6) Pasta w/Alfredo Broccoli pears
9) Ham Sandwich & Cheese Green Beans Pears	10) Cinnamon Pancakes Peas Bananas	11) Turkey Hot Dogs Baked Beans Pineapple/Apple Sauce	12) Cheese Pizza Peas Orange Slices	13) Pasta w/Alfredo Broccoli Peaches
16) Chees Quesadilla Green Beans Bananas	17) Turkey Sandwich Sweet Potato Fries Pineapple /Sliced Apples	18) French Toast Sticks Peas Honeydew	19) Grilled Ham & Cheese Broccoli Applesauce	20) Macaroni & Cheese Green Beans Pears
23) Ham & Cheese Sandwich Broccoli Pineapple/Sliced Apples	24) Chicken Nuggets Mixed Vegetables Oranges/Apple Sauce	25) Turkey Hot Dogs Baked Beans Pears	26) French Toast Green Beans Cantaloupe	27) Cheese Quesadillas Peas Peaches
30) Grilled Ham & Cheese Peas Apple Sauce	31) Cheese Pizza Peas Pears			
Main Snacks AM: Grahams PM: Veggie Sticks  Infant Snacks AM: Grahams PM: Veggie Sticks	Main Snacks AM: Cereal Mix PM: Goldfish  Infant Snacks AM: Cereal Mix PM: Goldfish	Main Snacks AM: Raisons PM: Ritz Crackers  Infant Snacks AM: Grahams PM: Veggie Sticks	Main Snacks AM: Cereal Mix PM: Veggie Sticks  Infant Snacks AM: Cereal Mix PM: Goldfish	Main Snacks AM: Ritz crackers PM: Goldfish  Infant Snacks AM: Grahams PM: Veggie Sticks

Breakfast: Cheerios, Bananas, Applesauce, Toast with Sunbutter and Jelly

Snacks: Goldfish, Veggie Sticks, Cinnamon Toast Crunch/ Cheerio Mix, Wheat Thins, Graham Crackers, Craisins

\*We serve Milk with breakfast, each snack & lunch that is All Natural & Free of Growth Hormones